

Join Us for Fun and Awareness

This year's observation of Ovarian Cancer Awareness Month in St. Louis will revolve around a full calendar of events.

August 29: Baseball

Tickets for the 2014 Ovarian Cancer Awareness Night at the Ballpark are selling for \$30 each. The game will be Friday night, August 29, when the Cards open a three-day Labor Day Weekend home stand against the Chicago Cubs.

The ticket price includes a coupon for a free hot dog and soft drink. Fifty free tickets have been set aside for survivors of ovarian cancer. You can purchase or reserve tickets online at www.sloca.org/baseball or by contacting Chairwoman Grace Katzenberger at 314-892-8345 or swildy@swbell.net.

September 2: Cookies!

SLOCA volunteers will bake ribbon-shaped cookies decorated with teal icing and deliver to patients and nurses at area gynecologic oncology infusion centers.



September 5: Turn It Teal

The first Friday of September is National Ovarian Cancer Awareness Day, and everyone is encouraged to wear teal to draw attention to the symptoms of ovarian cancer. To mark the day, SLOCA in conjunction with the St. Louis Parks Department will dye the water of the Kiener Plaza fountain teal for a week beginning Friday, September 5. Wear teal and join us at the fountain at 10 a.m.

September 6: Steps to Survivorship

SLOCA is partnering with the Cancer Support Community of Greater St. Louis to produce a free survivor's course, Steps to Ovarian Cancer Survivorship, on Saturday, September 6, at the Heights, Richmond Heights' community center.

The day is designed to help women and their caregivers understand key issues related to their diagnosis, such as risk factors and genetic implications, disease management, optimal treatment options and side effects, clinical trials and research, sexuality and other quality of life issues.

The program will feature gynecologic cancer and wellness specialists. This year, to engage medically fragile and future survivors, SLOCA will record each session and post the videos on its website. The keynote speaker will be Katya Lezin, an author, columnist for the Charlotte Observer and ovarian cancer survivor. Katya will share the surprising moments of levity and joy that defined her cancer journey.

Registration is required. Go to www.sloca.org/steps or call 314-966-7562.

September 11: Teal Toes

New to SLOCA this year is a Teal Toes manicure and pedicure fundraiser at Beautiful Nails salon, 1107 South Big Bend Blvd., Clayton. The salon will donate a percentage of their proceeds from 10 a.m. to 8 p.m. that day. Go to www.sloca.org/tealtoes for more details on this event, which is being coordinated by friends and family of the late Shawn Blaes.

September 20: Trivia Night

Tables are forming for the 2014 Trivia Night on Saturday, September 20, at the Von Gontard Conference Center at Mercy Hospital's Creve Coeur campus.

The cost for a table of 8 is \$120. The evening includes 50/50 drawings and a silent auction/raffle. The nurses and techs who work on Mercy's Women's Health Unit sponsor the event. Last year's trivia night filled 31 tables and raised \$7,100 to benefit SLOCA.

To reserve a table, go to www.sloca.org/trivia.

September 21: FamiliesROC

Families Run for Ovarian Cancer (FamiliesROC), a nonprofit organization independent of SLOCA, will hold a 5K and 1 mile run/walk in downtown St. Louis on Sunday, September 21. The race starts at 8:30 am at Soldiers Memorial, 1315 Chestnut Street. SLOCA supporters will have a booth.

SLOCA supports the event because proceeds fund research taking place at The Siteman Center for Advanced Medicine, in association with Washington University. When added to the \$75,000 being raised by SLOCA, the two organizations will fund \$150,000 to fund ovarian cancer research locally and nationally!

To register, go to www.familiesroc.com.

September 28: Yoga



Registration is under way for the 6th annual Rise 'n Shine: Yoga for SLOCA, to be held on Sunday, September 28, at the World's Fair Pavilion in Forest Park.

Continued on Page 5



Board of Directors

Board of Directors

Lisa Sienkiewicz - President
Jonathan Becker – Treasurer
Carol Nachtweih – Recording Secretary
Michele Pechauer – VP-Communications
Karen Scheible – VP-Development
Cary Renz – VP-Education
Lisa Price – VP-Members
Alene Becker
Donna Dombrowski
Nancy Larson Vomund
Ellen Levine
Beth Hudson – Past President
Dr. David Mutch – Medical Advisor

Staff

Christine Krueger, Executive Director
Tabitha Tomko, Community Relations Manager

Teal Talks
Summer 2014
Page 8

Mission Statement

St. Louis Ovarian Cancer Awareness is committed to impacting ovarian cancer survivorship by promoting awareness of early warning signs and standards of care, funding ovarian cancer research, and supporting survivors. It is a 501(c)3 tax-exempt organization.

Donations

SLOCA is a 501(c)3 tax-exempt organization. Donations may be made at www.sloca.org/donate or by mailing a check to 12015 Manchester Road, Suite 130, Des Peres, MO 63131. Please note if the donation is in memory or honor of someone or is intended for SLOCA's endowment fund.

Teal Talks Newsletter

We publish Teal Talks twice a year and send e-mail blasts intermittently. If you want to sign up to receive it at home or by e-mail, go to www.sloca.org/newsletters.

If you don't want to receive the printed newsletter, e-mail newsletter@sloca.org to ask to be removed from the mailing list.

Board Elects New President, Members



Lisa Sienkiewicz

Lisa Sienkiewicz, a longtime member of SLOCA's board, has been elected president of the organization for a two-year term. She replaces Beth Hudson, who retired as president after serving three years. Beth will remain on the board as immediate past president.

The board also elected Michele Pechauer as Vice President of Communications to replace Jan Paul, who retired; and Cary Renz as Vice President of Education, replacing Lisa Sienkiewicz. Also elected as member at large was Donna Dombrowski.

Lisa Sienkiewicz has been Vice President of Education since SLOCA reorganized its board last year as part of a strategic plan. She has been a SLOCA volunteer since 2006, and served on the board as its marketing chairperson for several years.



Michele Pechauer

A retired teacher, Lisa is a survivor of endometrial and ovarian cancers. She has coordinated SLOCA's program, Survivors Teaching Students: Saving Women's Lives®, in which speakers tell their stories to medical students. She also has been the Midwest Regional Coordinator for the program's parent organization, the Ovarian Cancer National Alliance.

Michele Pechauer lost her mother nearly 30 years ago to ovarian cancer and began volunteering with SLOCA three years ago. As

VP of Communications, she will be responsible for SLOCA's communications, marketing, advertising and media programs.



Cary Renz

Michele is employed by Anheuser-Busch as Manager, Local Media Buying, and has 25 years of experience in the media business. She has assisted in executing SLOCA's marketing plan and worked to grow SLOCA's presence on social media.

Cary Renz is a familiar face to friends of SLOCA, although she is new to the board. She served as chairwoman of the 2013 Gala and Auction, our most successful fundraiser ever.

As VP of Education, Cary will oversee the Survivors Teaching Students program, health fairs, the speaker's bureau and other educational and awareness efforts. Cary, a former tax consultant with Price Waterhouse, is a survivor of ovarian cancer.

Continued in next column

Volunteer Spotlight: Sara Morrow



Sara Morrow

For those of you who thought the white-shirted, black-aproned folks who kept the Living Out Loud Gala moving in April were hired guns, you're wrong. They were all volunteers deployed under the capable leadership of Sara Morrow.

Sara is a first-grade teacher at Mullanphy Elementary in St. Louis, so she knows a thing or two about being prepared, giving clear direction and anticipating problems.

She has no direct connection with ovarian cancer but her mother is a survivor of cervical cancer. She says that, like many of us, she didn't know the difference before joining SLOCA.

A friend of hers worked with Lisa Sienkiewicz, who was then the volunteer coordinator for the gala, and Sara was recruited to help.

"I had such a great time, met so many great people, and learned so much about ovarian cancer that I came back the next year," she says. "Each year I became a little more involved and was given more responsibility until I finally became coordinator." And she plans to do it again next April.

She enjoys volunteering at other SLOCA events, adding, "We're getting information out that could possibly save someone's life. We're spreading the word about ovarian cancer and making more people aware. I know I wasn't aware of it."

If you want to volunteer with SLOCA, contact Volunteer Coordinator Lisa Price at rlprice2@hotmail.com.

New Board continued

Donna Dombrowski, a registered nurse with 30 years of experience in gynecologic-oncology, is not new to SLOCA. She is a former board secretary and served as the chairperson for SLOCA's annual Gala and Auction for two years. Donna is employed by St. Louis University's Department of OB/GYN.

Beth Hudson remains on the board as a voting member. She served as president from July 2011 through June 30 of this year. During that time, she instigated a strategic planning process that led to reorganization of the board with a goal of more effectively fulfilling SLOCA's mission. Under her tenure, SLOCA engaged a professional grant writer, opened an office and hired its first employee, an executive director.

Jan Paul retired from the board after six years overseeing its communications. During that time, she started Teal Talks, a semi-annual printed newsletter; revamped and expanded the website, www.sloca.org; started an e-mailed newsletter and coordinated the marketing program.

Donations

Bridget & Charles Nathan
Merle & Marty Oberman
Jan & Jerry Paul
Dr. & Mrs. Rod Pearlne
Barb & Bob Platzer
Julie & Steve Plaz
Louise & Rick Rovak
Mary Strauss
Howard & Anita Tischler
Kay Ullman
Marcia & Eldon Weinhaus
Carol Whitney
Heather Wood
Donna Schechter
Suzanne & Bill Bierman
Barry Schultes
Robert Stone
Becky Scott
Dan Herzogenrath
Kris Selmer Sheeler
Karen Scheible
Khaya Shtargot
Robert Stone
Andy Spencer
Mr. & Mrs. Jim Fisher
Mr. & Mrs. Gary Takavitz
Libby W. Stone
Robert Stone
Jean Tillman
Mr. & Mrs. Tom Nelson
Lori Vineyard
Susan Bowles
Georgia Vogel
Kenneth Vogel
Rebecca Wiggs
Sarah Rhodes
Nathan & Karen Wiggs

The following donations were made to SLOCA January 15 through June 30, 2014, in honor of:

Jon Becker
Umission
Nancy Bernstein's Grandson
Sharon Barnholtz
Barb Cerulo
Bill & Sandra Peck
Julie Cune
Willy Brasswell
Christine Collierr
Berna Dean Crouch
P.A. Ernst
Donn & Mary Kay Finkenkeller
Dana Leight
Karen & Michael Moss
Maggie Ouellette
Sharon Smythe
Charlyn K. White
Joanne Henderson
Jan Olliges-Swayne
Mr. & Mrs. Ronald Wolff
Beth Hudson
Kathy Hensler
Ann McDonald
Grace Katzenberger
Mr. & Mrs. Anthony Guerrerio
Marie Kennedy
Mr. & Mrs. Christopher Lewis
Beverly Kinkade
Bettye Raglin
Christine Krueger and SLOCA volunteers

Beverly Kinkade & Gary Sanders
Dolores Toroian
Debra Leonard
Janie Shay
Mr. & Mrs. Randy Strunk
Merle Miller
Charlyne Turken
Jan Paul
Barbara Touchette
Karen Scheible
Julie Pepper
Maureen Hannon
Barb Platzer
Active Members of Roundtable
Sharon Barnholtz
Gail & Bill Friedman
Mr. & Mrs. Martin Lipsitz
Mr. & Mrs. Carl Moskowitz
Kay Ullman
Cary Renz
Laura & Edward Ryan
Mr. and Mrs. Patrick Barron
Mr. and Mrs. Larry Hasselfield
Mr. and Mrs. James Nouss
Mr. and Mrs. Steve Tharpe
Mr. and Mrs. Mark Wilhelm
Melba Rucknagel
Richard & Mary Ludwig
SLOCA Volunteers
Beverly Kinkade
Stew & Kelly's marriage
Viki & Tom Diedrich

Miscellaneous Donations

The following individuals and companies also made donations to SLOCA:

G. Joan Aldridge, Mary Allred, Shirley Alper, Katherine Bauer, Cathy Baumann, Scott Beck, Jon and Alene Becker, Becker and Rosen, Kelly Bono, Thomas Burns, Jim Cochran, Colombatto Family Charitable Fund, Brenda & Paul Dribin, Justin & Katheleen Durel, Mary Carolyn Gamache, Matt Hard, Patricia Harries, Mary Hedigere, Annette Heller, Colleen Hennessy, Mark & Elfriede Hutchins, Judy Johnson, Lauren Korte, Shirley Lawson-Carr, Ellen Levine, Julie Libich, Valerie Maki, Sarah McBride, Susan Merrick, Merle Miller, Diane Neiman, Barbara Ottolini, Jill Pampel, Linda Perry, Barbara Platzer, Lisa Price, Renaissance Charitable Foundation Inc., Jon Renau, Mary Roeder, Gene & Helen Rovak, Saundy Templeton, Donna Tomlin, Cathy Trokey, Verizon Foundation, Cecilia Walters, Angela Weis, Sandra Werths, Sara Wright, Lela Zweifel.

IN MEMORIAM



Ina Sachar

Ina Sachar, a former member of the SLOCA board, passed away on March 20, 2014 after a lengthy battle with ovarian, breast and colon cancer. She was 67.

Ina was first diagnosed with breast cancer in 1992, followed by ovarian cancer and later colon cancer. The ovarian cancer recurred twice and ultimately took her life. Ina, who was of Ashkenazi Jewish descent, discovered through genetic testing that she carried a BRCA gene mutation that puts a woman at a

higher risk for breast cancer and ovarian cancer.

Ina was a former marketing and sales professional, a yoga instructor and an elegant writer. She served on SLOCA's board of directors for several years and volunteered for its fundraisers and health fairs. She told her story often and to great effect. She was the keynote speaker at SLOCA's 2012 Gala and Auction and at a benefit fashion show where she recited her poignant and witty Ode to My Ovaries. She also appears on several of SLOCA's videos.

WOWW Washers Tournament



The WOWW Washers Tournament to benefit SLOCA has grown up in the four years since its inception in a back yard on The Hill. This year's event, held July 12 at Tower Grove Park, raised \$1,833. This year's tourney boasted 24 teams; players paid \$25 each or \$50 per team to participate. Taco Truck STL was on site to sell food, and Urban Chestnut Brewing Co. provided two kegs of beer.

SLOCA Chatter



Celebrating Our Volunteers

Sixty SLOCA volunteers turned out for a special party in their honor at Schlafly Bottleworks in Maplewood on May 6.

Lisa Price, Vice President – Education, organized the Volunteer Appreciation Night and was pleased with the turnout. She noted SLOCA had been an all-volunteer organization until it hired Christine Krueger as executive director last fall, and that volunteers continue to be the engine that makes SLOCA so effective.

“It was important to celebrate those who have made and continue to make SLOCA what it is today,” she says.

Teal We Win the Fight

With an eye toward the future, the board of directors of SLOCA has set up an endowment account with YouthBridge Community Foundation.

“An endowment is a sign that the board is in it for the long-haul,” says Executive Director Christine Krueger, “investing in SLOCA’s stability and not just thinking about the next awareness event or the current fiscal year.”

SLOCA’s account will allow the organization to generate a perpetual income stream for funding operations, unexpected expenses and longer-term initiatives. SLOCA has invested \$50,000 in the endowment account and YouthBridge matched 50 percent, increasing the amount invested to \$75,000.

Individuals may donate to the Teal We Win the Fight Fund by check or online, at www.sloca.org/donate. Please note that the donation is for the endowment fund.

Celebrating Teal Success

In October, SLOCA will celebrate its successful observation of National Ovarian Cancer Awareness month with a toast at its third annual wine tasting on Thursday, October 24, at 3500 Winehaus restaurant and wine bar, 3500 Watson Road. For a \$20 donation to SLOCA, wine lovers will be able to sample wines from A. Bommarito Wines and enjoy appetizers. You’ll be able to register online at www.sloca.org/wine closer to the date of the event.

Excellence in Nursing Award

Nancy Larson Vomund was recognized by St. Louis Magazine on April 23 as one of three finalists for the Excellence in Nursing Oncology Award at a reception at the Chase Park Plaza. Nancy is one of seven women who founded SLOCA in 2002 and a member of its board of directors.

Nancy has worked in oncology for nearly 40 years. She officially retired from the Center for Women’s Wellness at Missouri Baptist Health Center in December 2010, but that didn’t last long. She’s continued working there a couple of days a week.



Nancy Larson Vomund

GiveSTLDay - A Success for SLOCA

SLOCA joined more than 500 nonprofits in the greater St. Louis area on May 6 for the area’s first GiveSTLDay, sponsored by the Greater St. Louis Community Foundation.

Over a 24-hour period, St. Louisans donated a total of \$1,108,815 in 13,407 gifts to registered charities of their choice, including SLOCA, in the online giving campaign powered by social media. SLOCA received 34 gifts totaling \$1,535. SLOCA earned a \$100 bonus on a gift made during one of the designated “Power Hours.”

“We are very grateful to those who joined in this exciting effort and donated in support of our organization!” says Karen Scheible, SLOCA’s Vice President - Development.



Shari Weelborg

Let’s Talk Ovarian Cancer

Shari Weelborg, a two-year survivor of ovarian cancer, has taken on the volunteer position as director of SLOCA’s Speaker’s Bureau.

Shari was diagnosed with ovarian cancer while living in San Diego, and she underwent treatment there before moving to St. Louis to be close to family members. She began volunteering with SLOCA’s Marketing Committee last winter while she looks for work. We’ve tapped her deep experience in sales and business development for marketing services companies to help us bolster our marketing plan with online targeted advertising.

In May she agreed to take charge of SLOCA’s Speakers Bureau, which sends trained speakers to talk to community groups and businesses about the risk factors and symptoms of ovarian cancer. “Reaching out is extremely important as most women have no idea what the symptoms are,” she says.

The speakers will use a PowerPoint presentation and script created by another volunteer, Linda Nash. Speakers can be women who have survived ovarian cancer or anyone who has been a caregiver to a woman with that diagnosis.

To volunteer as a speaker or to schedule a talk by the Speaker’s Bureau, contact Shari at sweelborg@sloca.org.

Gala Grossed \$175,000



From left to right: Beth Hudson, Grace Katzenberger, and Christine Krueger

More than 350 people attended the April 5th Living Out Loud Gala & Auction, which grossed about \$175,000 to benefit SLOCA.

Grace Katzenberger, a founding member and former president of SLOCA, was presented with the Teal Spirit Award.

The Gala is SLOCA’s single biggest fundraiser. The money raised is used to fund grants for ovarian cancer research and to support SLOCA’s educational programs and community awareness outreach.

A big factor in the success of the event was the generosity of the Gala’s sponsors. The total amount of sponsorships increased this year to \$67,000, from about \$40,000 in 2013.

SLOCA board member Ellen Levine, of Graybar Industries, was Chairwoman of the Gala. “Whether you purchased a ticket, contributed or bid on an auction item, served as a volunteer, or made a contribution, you have helped support the important work of SLOCA,” Ellen says.

“Special thanks go to Edward Jones for the opportunity to hold our event in their beautiful atrium space.”

The sponsors were Emerson, Graybar, Ameren, World Wide Technology, Curtis and Susan Finley, Missouri Baptist Medical Center, McCarthy, Express Scripts, Mercy, Genentech, Wells Fargo Advisors, EverBank, Edward Jones, Fletcher-Reinhardt Co., Siteman Cancer Center, Chrysalis, Summit Marketing, Precision Therapeutics, Maritz Travel and Women’s Oncology Center. One especially generous sponsor asked to remain anonymous.

AmazonSmile Equals \$\$ for SLOCA

SLOCA has signed up to participate in the AmazonSmile program under which the online shopping giant will donate 0.5 percent of the price of eligible purchases directly to SLOCA. To participate, click on the Amazon Smile graphic on the SLOCA homepage, www.sloca.org.

SLOCA Boosts Research Funding



Dr. Stephanie Jean

The SLOCA board has approved a 50 percent increase in funding of ovarian cancer research in 2015.

A \$75,000 grant will be given in 2015 to a researcher selected by the Foundation for Women’s Cancer for ovarian cancer research. SLOCA has underwritten a research grant through FWC (formerly the Gynecologic Cancer Foundation) each year since its inception.

The 2014 grant, \$53,000, was awarded in late March to Dr.

Stephanie Jean, a gynecologic oncology fellow at the University of Pennsylvania in Philadelphia.

She proposed to study the genetic profile of pre-cancer tissue and compare it to normal and cancerous ovarian tissue from patients with the BRCA-1 or BRCA-2 genetic mutations. She is studying the tumor genome to identify changes that may have triggered the normal tissue of such patients to transform into cancer.

Dr. Jean, 34, is doing her research in the laboratory of Dr. Katherine Nathanson, a medical geneticist who specializes in the genomics of inherited cancer susceptibility syndromes.

“We hope that by identifying these changes,” Dr. Jean writes in her proposal, “we can better understand how to prevent and treat these cancers, both in women with BRCA-1 and BRCA-2, as well as the remaining majority of ovarian cancer patients, for whom no specific cause is currently known.”

About 15 percent of ovarian and breast cancer occurs in women who have inherited BRCA-1 or BRCA-2 genetic mutations.

Awareness continued from page 1

Area yoga teachers will lead participants through 108 Sun Salutation series with music by Bradford Smith and Friends.

Amy Johnson of Kay Oss designs will share her experience with ovarian cancer. Nancy Larson, an oncology nurse and member of SLOCA’s board, will speak on the standards of care.

The event also will pay tribute to the late Ina Sachar, a former SLOCA board member and yoga instructor who passed away in March from ovarian cancer.

The cost is \$35 through September 14 and \$40 after that date. To register, go to www.sloca.org/yoga.

Donations

The following donations were made to SLOCA from January 15 through June 30, 2014, in memory of:

Carolyn Althoff
A. Pike & Barbara Farr
Margaret Murphy Backus
Terri Bettger
Carolyn Eiseman
Enterprise Holdings
Patrick Farrell
Margaret Massey
Marcom Co-workers
Wendy Nave
Dolores Reis
Tara Scheer
Kathy Tovo
Sally Townsley
Angela Umali
Linda Whited
Jan Barkley
Carole Clary
JoAnn Barnes
Jodi Barnes
Joyce Tastad
Gerald Francis Bedford
From a bequest
Sue Bober
Lisa Gilliam
Mr. & Mrs. Bruce Hudson
Terry Brennan
Noah Coslov
Carol Cox
Nancy Farthing
Liz Notter
Lori Pyatt
Denise Simpson
Bernice Dennis
Mary F. Schanda
June Dunlap
The Tom Baldetti Family
Marge Cune
John & Shirley Doss
Mark & Judy Gannar
Will & Jerry Sue Hodgen
Denise Kikham
Laurie Klein
Gwen Lopez
Mr. & Mrs. R. Rosemore
Bill & Pat Schmitt
Ruthie Schmitt
Paul G. Stedman
Patricia & Steven Wetter
Martha White
JoAnn Williams
Katie Early
Wendy Williams
Mary Ann Fernandez
Francis Fernandez
Malinda Fisher
Lindsey Coates
Kay Holmes
Catherine Lasinski
Jewel and Theresa
Kelly Berg
Brenda Jorgensen
Steven Brendle
Barbara Kass
Conrad & Linda Bowers
Sharon Bowie
Trudy Colten
Marlene Franklin

Bernice & Bob Gewirtz
Marsha & Steve Koster
Gail Lassoff
Gail & Mark Shapiro
Don Skitt
Marilyn W. Smith
Daniel Wagner
Mary Williams
Elaine Koplar
Janet & Paul Abramson
Bob & Esther Banashek
Richard & Michele Bell
Suzanne & Bill Bierman
Harvey & Teri Brandvein
Roberta Feinstein
Herbert & Shirley Fredman
Maxine & Alan Friedman
Deborah Gilula
Eleanor Glick
Norma & Leonard Kaplan
Linda & Jerry Kraus
Harriet & Jeff Kopolow
Laura Kipnis & Sidney Goldstein
Phyllis & Steve Kamenetzky
Lois & Lary Kupor
Nancy & Harvey Lehrer
Lorri & Mac McConnell
Merle & Donald Miller
Barbara Morton
Carl & Marcia Moskowitz
Ilene & Henry Odower
JoBeth & Gary Omell
Cathy & Jim Pottorf
Kim Ratkin
Judi & Ken Rotskoff
Mandy Rubenstein
Joyce & Dan Rudman
Ellen & Mike Rumelt
Beverly Schraibman
Kay & Hillie Ullman
Jen Koop Krass
Luann Koop
Margaret Young Krug
Margaret Kraeuchi
Ann Lazaroff, Lorraine Greenblott, Bev Freyman
Julie Lazaroff
Pamela Lazaroff
Melissa Lee
Nancy Anderson
Joan Copping
Heidi Kennedy
Dr. Stephanie Prinster
Jim & Veronica Schrand
Karen R. Seabolt
Mark Lemp
Robert Stone
Cathy Lindstrom
Mr. & Mrs. Barry Bell
Dianne Marzaloës
Paul & Annie Bauman
Brenda Bishop
Shelly Cattoor
Lorena & Brent Fairchild
Melissa Catubig
Elizabeth Council
L. Schremp Fairchild & B. Fairchild
James Hall
Mike Hall
Margie Harper
Judith Jensen
Lawrence Liebman
John & Nancy Meyer

Gary Muehrer
Wally & Joan Nowak
Sherry Salis
Mr. H. Robert Sanders
Richard & Maureen Schwartz
Kevin Walters
Kelli White
Jack & Nancy Whitson
Jerry & Kathy Wibbenmeyer
James Wittman
Mr. & Mrs. Michael J. Wuller
Nina Marucci
Robert Stone
Mallory Morton
Sharon Astorino
Mark S. Bogue
Carolyn & Jimmie Brown
Joe & Carla Brown
Rhonda Daly
Donna Donovan
Maribeth Frevert
Carlene & Edison Griggs
Doris Hallford
Charles & Doris Harlow
Phillip & Charlene Heller
Peggy Hendrickson
Kim A. Hilden
Lynda & Richard Himbury
Mark & Rebecca Hofmeister
The Haun Family
Kristen R. Jones
Jerris & Bob Jordan
David & Jackielyn Kemper
Ernie & Christie Kerney
Bryan Laney & Cindy Kemper
Farrell M. Knowles
The Lakemore Family
April Littrell
Dora & Mike Loethen
Randall & Marian March
Marion & Irene McGee
James & Sandy Morton
Greg & Donna Phillippe
Bridget & Phillip Potterfield
Duane & Jackie Quick
Mr. & Mrs. S.D. Quisenberry
Liz Schmidt
Billy & Libby Schultz
Greg & Susan Sickal
Clara Slagle & Robert Bush
Lindsey Stinson
Janet Thompson
Mark & Kristina Weaver
David & Charlene Whiteside
Diane Williams
Jerry & Jana Wirth
Sue Mumaw
Dorris & John Bender
Ted Boss & Teresa Wagoner
Ian & Sherri Brockie
Rebecca Callaway
Linda J. Collins
Lorena & Brent Fairchild
Jack & Phyllis Hymes
Carol Kendle
James P. Kendle
Barbara & Steven McBain
Jerry Montgomery
Phil & Jason Mumaw
H.D. & K.E. Owens
Mary Owensby
Danny Persons

Sharon A. Ray
Jerald & Brenda Rendall
Joanne & David Rendall
Mary Ricker
Chris Rupard & Janet Jackson
Karen Shepherd
Kelli White
Courtney Obata
Mr. & Mrs. Gary P. Fox
Judy Ostendorf
Phyllis Robinson
Sue Theodore
Joan Pfeifer
Jeff & Julie Pfeifer
Lucy Polselli
Michele Pechauer
Nancy Pool
Nancy Larson Vomund
Judy Pratt
Carol Buerman
Marilyn Burgoon
Juanita Chapman
Loretta Claes
Linda & Gary Cloninger
Deborah Cramer
Bernadine H. Feiden
Joann Fricke
Tracy Galloway
Janet Havelka
Dennis & Kathy Keeven
Caron Klaus
Angie Klevorn
Mary Manganaro
Sandra Meahl
Linda Peach
Bill & Laura Schaffer
Jeannine & Bob Sinak
Brenda Stanfield & Bernard Cuddy
Phil & Mary Jane Streitz
Terry & Marilyn Tekotte
Jana Thornton
Linda Thus
Maryanne Trower
Mary Vance
Marilyn Villani
Estelle Roodman
Dr. Stan Roodman
Ina Sachar
Alison & Matt Alpert
Blair & Selma Balk
Sharon Bez
Susan & Lary Carafiol
Samatha Carroll
Lynne Davis
Meg Ebersoldt
Gloria Ellis
Amy Fisher
Mr. & Mrs. Mark J. Gaertner
Nancy Gellman
Lynn Hagedorn
Joanne Henderson
Maxine Hirsch
Bruce & Beth Hudson
Phyllis & Steven Kamenetzky
Elma Linz Kanefield
Judi Kramer
Carl & Gail Lang
Jacquelyn Lipsitz
Mark & Cathy Litow
Ann Mandelstamm
Gale McMullin
Tom & Jane Mendelson
Donald & Merle Miller
Rita Moss

Celebrating the Power of One



Christine Krueger

SLOCA has many exciting awareness events in the next few months -- some are targeted to specific audiences, and others that are open to the public. I encourage you to check our Facebook page and our website calendar to see how you might participate.

The impact you can have as a volunteer is truly amazing! Since March, passionate individuals and groups have drawn attention to ovarian cancer among diverse audiences and raised more than \$6,000 to benefit SLOCA's mission:

- Saturday, March 22, **Julie Cune's 50th Birthday Party** (St. Louis) – To honor her mother who died of ovarian cancer, and her friend and survivor Deborah Finkenkeller Leonard, Julie asked partygoers to donate to SLOCA in lieu of birthday gifts.
- Saturday, April 12, **Macomb Bombshell Roller Derby** (Macomb, IL) – In honor of an ovarian cancer survivor, organizers of The Wheelin' For Teal match directed proceeds to go to research.
- Saturday, May 14, **2nd annual Brenda Lueking Memorial 5K Run/Walk** (Hoffman, IL) – To honor her mother who died of ovarian cancer, Shana Huels donated the proceeds to fund research.
- Saturday, July 12, **4th annual WOWW Washers Tournament** (St. Louis) – Jason Weintraub, Melissa Krupp, Jason Kempen, and Josh Ernst (JMJ Events) put on awesome events with a goal to improve the community. Since 2011, they have corralled family, friends and the general public to participate in three events - WOWW Washers Tournament (for SLOCA), Pong for Prostate and Baggin' MS.

If you, too, have a passion for planning events and want make a contribution, consider organizing an event that benefits our mission! Contact me early in your planning so we can define the extent to which SLOCA can help.

One more event is virtually pregnant with possibilities. On July 2nd, Tabitha Tomko joined SLOCA as the part-time Community Relations Manager. Tabitha's experience in public relations, marketing, social networking, and special event execution in non-profit, business and city government positions made her a perfect fit. She is responsible for managing SLOCA's database, supporting communication and education programs, and coordinating special events.

In just seven days, she set up our new accounting software and garnered a 12-month Google grant that will allow us to spend up to \$10,000 a month in online advertising. On July 15, Tabitha and her husband Michael gave birth to their first child, Claire Eloise.

We look forward to Tabitha's return, an impactful National Ovarian Cancer Awareness month, and growth in our awareness and survivor support programs in the coming year!

Christine Krueger, SLOCA Executive Director

Survivor Spotlight

Elizabeth Mannen was only 26 when doctors told her she had Stage IV ovarian cancer and should get her affairs in order because she had just six months to live.

She was living in Jackson Hole, Wyo., and had sought medical care in Salt Lake City. She sought a second opinion and found other doctors who gave her a fighting chance.

Good thing she did.

More than 20 years later, she's alive and well, having fought off two recurrences of ovarian and two bouts with breast cancer.

Elizabeth, a First Vice President - Investment Officer with Wells Fargo Advisors in St. Louis, told her story to a spellbound audience at the Living Out Loud Gala and Auction in April.

A graduate of Cornell University, she has received numerous accolades through Wells Fargo, St. Louis Magazine and, most recently, Barron's Magazine.

Her authentic and genuine style of communication, unique life challenges and accomplishments make her a natural motivational speaker to industry, women's and cancer groups.



Elizabeth Mannen

As the proud mother of 27-year-old twins, Katherine and Kristopher, Elizabeth also likes to mentor young people in the business.

In addition to completing two terms on the board of Missouri Baptist Medical Center, she serves on the boards of Urban Future and Lydia's House. She volunteers many hours to the United Way of St. Louis Campaign and for five years has led volunteer recruitment within Wells Fargo branches for the Koman St. Louis Race for the Cure.

Elizabeth is a passionate advocate for women's health. She virtually bumped into SLOCA volunteers at the St. Louis Business Journal Women's Conference in January and immediately offered her help. She agreed to be the gala's keynote speaker and is working to help SLOCA expand its outreach programs to target business women.

"To know Elizabeth is to enter the vortex of her energy. Whether you are a client of hers at Wells Fargo Advisors, an inner-city student she mentors at Urban Future, or one of the many charities she donates her time to, you are forever changed by the positive spirit and can-do attitude she brings to each day," says Seth Barnes, Wells Fargo Senior Vice President, Branch Manager.

Is it any wonder that her kitchen wall bears the bold statement: "Be the change you wish to see in the world"?