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Survivorship Walk



Team SLOCA raised \$5,177 for the 14th Cancer Survivorship Walk to benefit the Cancer Support Community of St. Louis. Our team, lead by Barbara Platzer, placed 4th out of 64 teams! This walk raised \$144,000—the most money ever for CSC's free support programs for cancer patients, survivors and loved ones.

www.SLOCA.org

Fall Events Will Spread Awareness



Aug. 4: Rise & Shine for a Cure

For the fourth consecutive year, area yoga instructors are banding together with SLOCA for a yoga fundraiser. This year's event will be held on Saturday, August 4 at the World's Fair Pavilion in Forest Park.

Each of 12 yoga instructors will guide participants through nine series of the yoga postures that make up the sun salutation. Dr. Andrea R. Hagemann with the Division of Gynecologic Oncology at Washington University will be the guest speaker. Jan Paul, a survivor of ovarian cancer, will tell her story. Bradford Smith & Friends will provide live music.

You may register online at www.sloca.org/yoga. Registration will be \$35 until July 21 or \$40 at the door. There will be raffle prizes and chair massages, and Whole Foods will provide granola, fruit and water for participants.

Chair yoga will be available for those unable to stand for long periods.

The event begins at 9 a.m. and ends at noon. Three styles of shirts with the Rise & Shine logo will be sold for \$20 apiece: a tank top, a women's cap-sleeve style and a men's short-sleeve style.

For more information, contact Charli Prather at 314-920-6542 or e-mail her at charliprathery@yahoo.com. You can register for the event and order t-shirts at www.sloca.org/yoga.

Sept. 7: Ovarian Cancer Day at the Ballpark

Look past the high temperatures of July to a cool evening at Busch Stadium to observe Ovarian Cancer Awareness Night at the Ballpark.

Inside This Issue

SLOCA volunteers are delivering patient care packages to new patients at infusion centers. **Page 2**

Grant writer Christine Krueger is getting results for SLOCA. **Page 3**

Donations made between Feb. 1 and June 30. **Pages 4-5**

News in brief: Research grant, cookie baking, LIVESTRONG, Turn It Teal (again). **Page 6**

Tickets are on sale for SLOCA's night at Busch on Friday night, Sept. 7. Game time is 7:15 p.m. as the Cards face off against the Milwaukee Brewers. SLOCA has 500 tickets to sell in Sections 335, 337, 339 and 340. Each ticket costs \$30 and includes a hot dog and soft drink; \$9 of that price is tax-deductible. The ticket's face value is \$45.

SLOCA members will be able to watch the Cards take the field for batting practice before the game, and representatives will be recognized at pre-game ceremonies. Robert Barrale will throw out the first pitch; he won the bid at SLOCA's gala and auction in April for that opportunity.

The event was started in 2003 by SLOCA's founder, the late Christina Carr.

You can purchase tickets online, at www.sloca.org/baseball, or by contacting Grace Katzenberger at 314-892-8345 or at swtldy@swbell.net



Connor Higano throws out the first pitch at the 2011 Ovarian Cancer Night at the Ballpark. His mother, Karen Higano, is a SLOCA past president.

Sept. 15: Ovarian Cancer Awareness Day

SLOCA has teamed up with the Cancer Support Community of St. Louis to put on a free, daylong Ovarian Cancer Awareness Day on Saturday, September 15, at The Heights, Richmond Heights' community center.

The day will be tailored to women who have received a diagnosis of ovarian cancer, their loved ones and medical professionals. Admission will be free.

St. Louis area oncologists and mental health experts will discuss many aspects of ovarian cancer treatment and research and issues related to survival.

Cancer survivor Jonna Tamases will present an emotionally riveting, outrageously funny chronicle of her journey with Hodgkin's Disease, large-cell lymphoma and breast cancer.

Continued on page 7

Care Packages Go Out

The Sister Box gift project has launched.

Boxes of goodies packed with love and wrapped with teal ribbon have been delivered to six gynecologic oncology infusion labs to be given on SLOCA's behalf to all women at the beginning of their initial treatment for ovarian cancer.

SLOCA volunteer Sheri Petruso took on the job of coordinating the Sister Box project and she has been assembling them with the help of her husband, Jeff, and their three children, Tony, Elizabeth and Johnny.

"The Sister Boxes have truly been an exciting project for my whole family to take on," Sheri says. "They honor my mom and her fight, along with that of all of the women positively impacted by SLOCA." Sheri got involved with SLOCA soon after her mother, Mary Ann Fernandez, passed away in 2010.



"I can recall the moment of diagnosis for my mom," Sheri says. "It almost takes your breath away at first, then shaky optimism starts, followed by 'Now what?' The goal of the Sister Boxes is to fill in some of those blanks and offer comfort, hope and, above all, a friend or a sister."

She says she wants newly diagnosed patients to know they need not face this diagnosis alone. SLOCA is here, and we understand what they are going through.

The items have been purchased with the help of a generous grant from the Missouri Foundation for Health. Some items were donated directly by Eucerin, L'Oreal and the Cancer Support Community of St. Louis.

Included in the package is SLOCA information and goodies, a CD of harp music, a visualization CD, a Chicken Soup book, a soft cap and fuzzy socks, a coupon from A+ Wigs, notecards and cosmetics.

Each year, about 200 women in the metro area are diagnosed with ovarian cancer and treated at gynecologic infusion labs at the Siteman Cancer Center at BJC, the David Pratt Cancer Center at Mercy Hospital, the Center for Women's Wellness at Missouri Baptist Health Center, St. Louis Gynecology and Oncology, St. Mary's Health Center, and Women's Oncology Center.

Grant Writer Gets Results

SLOCA has received several generous grants in recent months, thanks to an initiative undertaken by SLOCA President Beth Hudson last fall soon after she took office.



Beth Hudson

At Beth's urging, the board hired grant writer Christine Krueger to make a more strategic and targeted effort to secure financial support from corporations and foundations in the form of grants. The result has been gratifying: a \$20,000 grant payable over two years from the Missouri Foundation for Health and a \$5,000 grant from the St. Louis Men's Group Against Cancer.

The MFH grant will fund newsletters and other awareness efforts as well as the Sister Gift Boxes given to women who are newly diagnosed with ovarian cancer. The SLMGAC grant will underwrite the daylong awareness seminar scheduled for Sept. 15 for patients and survivors, caregivers and medical professionals.

Many other companies followed the lead of Ameren to become generous sponsors of SLOCA's Living Out Loud auction gala. (See list below.)

The decision by SLOCA's Board of Directors to hire Christine constitutes a shift for SLOCA. Since its founding 10 years ago, SLOCA has relied on its volunteers to carry out all aspects of its work. Its volunteers have many strengths and unrivaled energy, Beth says.

But the leaderships of other non-profit groups she consulted advised Beth to seek the help of professionals with expertise in certain areas such as grant writing and strategic planning.

"We hope to be able to fund more of our programs through grants," says Beth. "That will allow our members to spend less time and energy on fund-raising and more time fulfilling our mission of awareness, funding research and supporting survivors."

That said, the resounding success of SLOCA's core fund-raising events in the last year – the summer yoga event, fall fashion show and spring auction gala – has helped put SLOCA in a position to expand its reach.

In the coming year, Beth says, she intends to focus on securing a strategic plan to identify strategies for SLOCA to accomplish its mission. She also wants to redouble her efforts to broaden the base of volunteers to deliver such programs.

Christine is continuing to research corporations and foundations that support health, women and organizations like SLOCA. She needs your help. If you have a personal connection with decision-makers at such companies, please contact Beth at 314-821-2549 or bethhudson715@yahoo.com.

Auction Raises \$109K

SLOCA President Beth Hudson set an ambitious goal of raising an unprecedented \$100,000 at this year's Living Out Loud benefit auction. The goal was more than double last year's total. We not only met the goal, we exceeded it!

"We are thrilled at the turnout and the support SLOCA received for our gala," says Beth. The event grossed \$109,000. After expenses, it netted \$74,630.

Beth credits the leadership of event planner Allison Hershberger and the support of Ameren and other sponsors for covering the costs of the event (see list). That means nearly every dollar raised through the silent auction, oral auction and Fund-A-Need donations will go to support SLOCA'S mission of research, awareness education and survivor support.

The gala's theme was Life Is Your Canvas – Live It Out Loud. Ameren's Dennis Weisenborn was the honorary chairman and the Cardinals' Mike Jorgensen and radio pioneer Nancy Poole were co-chairpersons.

The program featured talks by Kristen Jorgensen, Joel Rutherford and Cathey Nemish, and a poignant slide show of photographs and reflections of survivors who are "living out loud" after their cancer diagnoses.

Allison conceived the idea of the slide show. Many survivors sent photographs of themselves living joyfully, and nine survivors provided commentary – Joann Aldridge, Karen Higano, Beth Hudson, Cathey Nemish, Jan Paul, Barb Platzer, Ina Sachar, Sandi Tolliver and Sandy Zahner.

Radio station KTRS recorded and edited the slide show. SLOCA gratefully acknowledges the assistance of Program Manager Lauren Ryan, Sound Editor Steve Wein and General Manager Mark Dorsey.

Says Allison, "The goal was to show that although a cancer diagnosis may mean something different to each of us, it also connects us all in ways that we may not understand. I also wanted to help people understand the journey that these women have taken and to show the continued passion for life."



Dr. Israel Zigelboim and his wife, Valeska, wins the auction bid for a visit to a St. Louis firehouse.

Sponsors

Ameren
Anheuser-Busch
Fletcher-Reinhardt Company
Genentech
Hubbell
Kozeny Wagner
KTRS radio
McCarthy
Mercy Hospitals
The Okonite Company
OvaGene Oncology
World Wide Technology



The bidding in the oral auction was fast and furious for a gorgeous blue diamond ring modeled by SLOCA past president Grace Katzenberger.

The following is a partial transcript of the slide show, which can be viewed in full at www.sloca.org.

We live our lives and paint our canvas each in our own way. Yet there is something about the cancer journey that allows us to start again with a blank canvas and really appreciate the big and the little things of life.

I am a woman who has not only survived a devastating diagnosis and treatment, but who has thrived. I wish the same for everyone in the sisterhood of women who has received a diagnosis of ovarian cancer.

I do want my canvas to be splattered with the warm, rich colors of shared friendship, love and human kindness. And of course I want the vivid bright swaths of humor tempered with the clean crisp shades of dignity.

Living out loud is more than just words. To me, it's a way of being.

I'm a 35-year ovarian cancer survivor and I figure God must have kept me here to help others.

Ovarian cancer has not kept me still. Since my diagnosis seven years ago, I have been living out loud on my bike with my amazing husband Stuart by my side. Ovarian cancer has given me the courage to tackle these physical challenges, and I'm not finished yet.

Living out loud means to me always making my family the No. 1 priority. I cherish every minute I get to laugh and share their company. It means waking up every day with a smile on my face, not sweating the small stuff.

I live my life out loud by appreciating everything I do each day -- working in the yard, being with my friends, playing golf. I spend as much time as I can with my family. My life is my canvas. My family is my paint. Ian and Duncan are my brightest colors.

My relationships with my friends, with my family, are so much richer, so much more valuable to them and to me. I have friends who have not made it through. I have friends who did not survive. People tell me I'm a strong woman. I'm not a strong woman. I'm blessed. I'm upright.

I treat each thing as the blessing it is. For the wonder of it all, I am grateful -- for every day, every moment, every opportunity to relax and breathe.

I have learned to linger and savor and dared to pray that the humble, simple marks I have made on my canvas will live on in the hearts and minds of those I leave behind.

Donations

The following donations were made to SLOCA from Feb. 1, 2012, through June 30, 2012, in memory of:

Deborah Ann "Debbie" Bozsa

Mrs. Patricia Alsop
John & Janice Armour
Steve & Nancy Bertelsman
The Bunker Hill Neighbors
Angela Bozsa
April Bozsa
Armin Bozsa
Debbie Bozsa
James Bozsa
Jim Bozsa
Deborah Carney
Maribeth Clancy
Collinsville Progress
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Mrs. Robert Cooper
Mrs. Jo Ann Dotson
Pauline Dressler
Chuck & Janet Frasher
Mrs. Judy Gavin
Ms. Jeanne Guebert
Jane Haas
Hank's Excavating & Landscaping, Inc.
Verena Harwerth
Paul & Rose Heimrich
Barbara Hemphill
Irene Hindman
Russ & Elaine Hoernis
Dianne Holtman
Michael Inyart
Barb & Ted Juen
Tom & Carol Juen
Miss Carol Kreitner
Phyllis Kuelka
Mary Langsdorf
Clara Lickenbrock
William Luczaj
Jean Malon
Mrs. Sarah Morrison
Dennis & Sharon Muellchi
Keith & Mary Ann Murry
Jerry & Karen Phillips
Cheryl Pride
Mr. & Mrs. David Schuette
Sue Schuette
Jody Seibert
Ray & Sue Sommer
Martha & Jack Story
Helen Thompson
Linda Weisenstein

Ursula & Jim Wolf

Sylvia Brooks

Blair & Selma Balk

Dolores Cutrell

Johnathan Carey-Voris

Mother of Mr. Hideo Fukami

Robert & Libby Stone

Nellie Ganter

Mrs. Kathleen Hensler
Beth Hudson
Mrs. Marie Koehler
Christine Kremer
Joe & Leona Leonardelli
Mr. & Mrs. Tim Tynan
Debbie Weiss

Arthur Gilman

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Carol Ann Schnurbusch Graham

Annette C. Lammers
Michelle Graham Martin

Mary Goetz

Tom Applebaum
Susan Crenshaw
Sue Friedmeyer
Dennis Haudrich
Shinn-Ye Lin
Julie Reinhold
Karen Stebelski
Kelly Winking
Angie Young
Mary Woehr

Harris Goldman

Bob & Libby Stone

Walter W. Heffernan, Jr.

Robert & Libby Stone

Jacolin Henningsen

Shirley Aschinger
Michael Babiarz
Mr. & Mrs. Dave Boll
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Sam & Nanette Cancila
Stephanie Carius
Tim & Diane Courtney
Amy Dreler
Mr. & Mrs. Charles Dufour

Holly & Steve Elfanbaum
Rebeca Fitzgibbon
Craig & JoAnne Friedman
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Walter Henningsen
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Mr. Larry Ladd
Dwayne Latham
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Jill Miller
Joan Perdue
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Mr. & Mrs. Chris Plambeck
Mary Jo Raffel
Dr. James Reichmuth & Mrs. Julia Caskey Fund
Carl Schwarz
Carol Sipes
Alice Stifel
Lewis Vandover
The Weinmann Family
Carolyn Weinzirl

Patricia "Pat" Holt

Sally & Bill DuBose
Art & Wanda Kruse

Annabelle Korn

Jackie & Marty Lipsitz

Mary Ann Lange

Barbara Blackledge
Dr. John Boain
Betty Brown
Carol Brown
June Brown
Mary Buschman
David & Brenda Conrad
Tiffini Countaway
Margaret & Terrence Douglas
Melissa Driscoll
Shari Eckert & Family
Connie & Jesse Evans
Anita Jacobi
Dr. Daniel Lange
Gary & Susan Lange
Love A Golden Rescue
Wanda Macher
Holly Mayfield
Dot & Jim Meagher

Mr. & Mrs. Philip Millard
Bill & Maggie Niehoff
Ron & Norma Phillips
Nancy & Thomas Prewitt
Chris Robinson
Kate Robinson
Lindsay Robinson
Jim & Sandy Rotter
John Schulte
Barbara Stout
Mark Sullivan
Sherry Taul
David & Sherry Ulrey
Sharon Berry Vannoy
Robert Wamhoff
Sandra & Randy Waters
Dale Wilson

Theresa Maue

K. Berg
Maribel Fraser

Jean McCormac

Amy Folkins

Tina Nix

Her "Group 19"
Mrs. Carol Kappesser
Northwest Community Teachers Association
Jerry & Kathy O'Leary

Barbara Ann Piere

Ed & Sherry Bray
Linda Cook
Cathy Crabbs
The Gang at Kitchenland
Richard & Jeanette Pfau
Mr. & Mrs. Phillips
Marilyn & Ed Sage
Schmidt Cabinet Company
Bill & Betty Tate
Pat Waelti

Vicki Plengemeier

Bill Peck

Lynnette Rehkop

AMC/T&E Booster Club
Dan & Laurie Brown
Carrie J. Christ
Central Christian Church
Doris & Michael Dannenbrink
Teresa Guthrie & Family
Jerome & Colleen Headrick
Jim Lalumondier
Continued on page 5.

Donations

The following donations were made to SLOCA from Feb. 1, 2012, through June 20, 2012, in honor of:

Dr. Ronald Bilchik

Bill & Brian Peck

Ann Marie Cochran

Jim Cochran

Charles & Sharon Guebert

Carolyn & Kenny Althoff

Joanne Henderson

Charles & Carol Blazicek
Sharon Wiesehan
Women's Auxiliary of Crestwood Elks #2503

Jan Paul

Barbara Berry
Michael & Brenda Schaeffer

Barbara Platzer

Sharon Barnholtz
Mr. & Mrs. Ronnie Kramer
Jackie & Marty Lipsitz
Mr. & Mrs. Carl Moskowitz
Joan & Phillip Siwak

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Col. Thomas & Annette Linn
Emily Rhodes Matthews
John & Jan Meehan
LTC (Ret) William & Patricia Miklosey
Amy & Gary Miller
Larry & Denise Moore
Col. Robert & Linda Raines
Larry "Kent" Shelman
Caryn & David Skjerven
Aaron & Marie Stone
Tim Taylor
Melanie Thompson
Anthony & Bonnie Tucker
Wendy Viers & Family
Kathy Wark

Betty Elliott Rhodes

Emily Rhodes Matthews

Mary Salerno

Bob & Libby Stone

Amy Smith

Carol Austerman
Lois Copeland

Nancy Poole

James & Janet Holloway
Dr. George Kyd III

Mrs. Beverly Schiro

Mr. & Mrs. Joseph Schiro

Lisa Sienkiewicz

Jennifer Mitchell

Sandy Tolliver

Jamie Stamp

Sam Weinstein

Bill & Sandra Peck

Debbie Welch

2012 Ovarian Cancer Poker Tournament

Sandy Werths

Michelle Jennings

Donations in memory or in honor of someone may be made to SLOCA online at www.sloca.org or by mailing a check to P.O. Box 270067, St. Louis, MO 63127. SLOCA is a 501(c)3 tax-exempt organization.

Rose Ann Jost
Debbie Webber

Mary Ellen Stortz

Donna Massow

Pamela Swehla

Melody Temares

James Vredenburg

Bob & Libby Stone

Mary Alice Williams

The Antioch Baptist Church of St. Louis, MO
Gwendolyn Bogan
Stacy & Jimmie Edwards
Ms. Dina Graham
Geraldine & Grover Johnson
Ruth B. Johnson
Dr. & Mrs. Robert Saltman
Willia M. Sloan
Mecie F. Taylor

Dr. Hillard Young

Mr. Bill Peck
Bob & Libby Stone

Raffle Winner



Brandy Reifschneider won this hand-made quilt in a SLOCA raffle that was pulled at the end of the Working Women's Survival Show. The quilt was created and donated to SLOCA by Pamela Koenig Eusterbrock. The raffle netted \$1,414.

Save the Dates

Aug. 4. Rise & Shine for a Cure: 108 Sun Salutations. \$35 before July 21, \$40 at the door. Location: World's Fair Pavilion, Forest Park.

Sept. 5. Turn It Teal, continuing through Sept. 10. Location: Kiener Plaza fountain downtown.

Sept. 7. Ovarian Cancer Night at the Ballpark. Cards vs. Brewers. 7:15 p.m. \$30. Location: Busch Stadium.

Sept. 15. Ovarian Cancer Awareness Day. 9 a.m. to 2 p.m. Free. Location: The Heights community center, Richmond Heights.

Sept. 23. FamiliesROC 1-mile and 5K walk/run. 9 a.m. Location: Upper lot of Muny Opera, Forest Park.

Sept. 29. Trivia Night. 7 p.m. \$120 for a table of 8. Location: Von Gontard Conference Center, Mercy Hospital, Creve Coeur.

SLOCA Chatter

FWH Awards SLOCA Grant

This year's SLOCA research grant of \$25,000 has been awarded to Dr. Erin King, a gynecologic oncology fellow at the University of Texas' MD Anderson Cancer Center.

The Foundation for Women's Health Research and Awards Committee selected Dr. King's application.

"The goal of my proposed research," Dr. King writes, "is to identify potential therapeutic targets for low-grade serous ovarian carcinoma through examining the transition from . . . serous borderline ovarian tumors to low-grade serous ovarian carcinoma."

Join the Cookie Bakeoff



For the second year, SLOCA volunteers will bake teal ribbon-shaped cookies to deliver to the gynecologic chemotherapy infusion centers throughout the metro area.

The cookie baking day is scheduled for 10 a.m. Tuesday, Sept. 4, at the Dierbergs kitchen at Clarkson and Clayton roads in west St. Louis County. Dierbergs has

graciously donated the use of its kitchen for that purpose; one of its bakers, Roberta Hopkins, is a SLOCA volunteer.

The cookies will be delivered on two days in September to support ovarian cancer patients and their nurses in observation of September's Ovarian Cancer Awareness Month. If you want to help, contact Roberta Hopkins at rhop1@yahoo.com and indicate if you want to help bake, package or deliver cookies.

Swipe eScrip at Schnucks

It doesn't cost a penny to support SLOCA through Schnucks' eScrip program. Just pick up an eScrip card at a Schnucks courtesy counter. Call the 1-800 number on the card to register that card in support of St. Louis Ovarian Cancer Awareness.

Each time you shop at Schnucks, present the card to the cashier. eScrip will rebate to SLOCA 2 to 3 percent of the purchase. It's that easy.

Live Strong at the Y

The Y and LIVESTRONG have joined together with a free physical fitness program for cancer survivors.

The program is designed to help a participant build muscle mass and strength, increase flexibility and endurance, and improve confidence and self-esteem.

Participants and their families receive a free three-month membership to the Y. A small group of survivors meets twice a week for 12 weeks to exercise and work on their holistic health goals while



supporting one another.

To enroll in the program, contact one of the seven participating YMCAs: Edward Jones, Four Rivers Area, Mid-County, O'Fallon, South City, South County and St. Charles County. You will need your doctor's permission to participate.

Turn It Teal

For the second year, SLOCA will turn the fountain at Kiener Plaza teal for a week in September to coincide with National Ovarian Cancer Awareness Month.

The St. Louis Parks Department will pour teal dye in the fountain on Wednesday, Sept. 5, and keep it going through Monday, Sept. 10. That week will feature Ovarian Cancer Night at the Ballpark when the Cardinals face off against the Milwaukee Brewers.

SLOCA's first Turn It Teal event occurred last September on the initiative of the late Tina Nix. Tina lost her battle with ovarian cancer in January 2012.



Stay Tuned for Awareness Campaign

This ad ran on selected Metro bus routes last fall as part of a marketing campaign tied to National Ovarian Cancer Awareness Month. As we go to press, SLOCA is making plans for a 2012 fall marketing campaign to launch in September. Details are not ready to announce but we expect to build on last year's campaign.

Continued on page 7

Health Fair



Joanne Henderson staffs a SLOCA table at a daylong health fair sponsored by Missouri Baptist Health Center. More than 600 people attended the event on May 6 at Westport Plaza. Do you know of a health fair coming up? Call Carol Barrale-Roettger at 314-504-7442 or e-mail her at lslgg@aol.com to sign up SLOCA.

Continued from page 6

Grant Review Opportunities

Each year a group of lay people chosen by the U.S. Department of Defense participate in reviewing grant proposals as part of DOD's Ovarian Cancer Research Program Peer Review.

This year there will be three opportunities to participate. One will be an online discussion Sept. 4-14. Panels will review and score more than 130 applications. The second will be a teleconference tentatively scheduled for Sept. 13, when two panels will review about 20 applications.

The third will take place in Washington, D.C., Sept. 19-21, when reviewers will gather to evaluate and score more than 40 applications. SLOCA volunteer Lisa Sienkiewicz has participated in the onsite reviews in past years. If you're interested, contact her immediately at lisasienkiewicz@hotmail.com. Applications are due by July 23.

Cancer Advocacy Visits

SLOCA board member Jan Paul accompanied Laura Rossmann, executive director of the Cancer Support Community of St. Louis, to Washington D.C. from May 6-8 to visit members of Congress and to appear before the House Cancer Caucus.

Jan and Laura visited with U.S. Reps. Russ Carnahan and Todd Akin and staff members for other congressional representatives from the metro St. Louis area. They asked for their support of funding for the Food and Drug Administration to expedite reviews of generic drugs and impressed on them the importance of psycho-social therapy in cancer treatment.

Jan also spoke to the House Cancer Caucus as part of a panel that included doctors and researchers. She told the story of her cancer journey and the role played by friends and family, support groups and therapists in helping her through cancer treatment.

Fall Events (continued from page 1)

This stage presentation was nominated for two Los Angeles Ovation Awards: Best World Premiere Play and Best Lead Actress, and it continues to tour around the U.S.

Breakfast will be provided, courtesy of Whole Foods, and lunch will also be served.

The event will run from 9 a.m. to 2 p.m. The Heights is located at 8001 Dale Avenue in Richmond Heights.

Check www.sloca.org in August to learn how to register for the awareness day.

Sept. 23: FamiliesROC Run/Walk

The 6th annual Families Run For Ovarian Cancer event will step off at 9 a.m. on Sunday, Sept. 23, from the Upper Muny Opera parking lot at Forest Park. The event is known as the ROC STAR 5K and 1 Mile.

The event was started by the family of the late Brenda Jorgensen in honor of her fight against ovarian cancer. Brenda passed away shortly before last year's event.

All proceeds from FamiliesROC are donated to ovarian cancer research at Washington University. The group's website is under construction, but you can register online at <https://register.bazumedia.com/reg/form?eventID=1203>.

Sept. 29: Trivia Night

Nurses and techs at Mercy Hospital – St. Louis are planning their second annual Trivia Night benefitting St. Louis Ovarian Cancer Awareness on Saturday, September 29.

The event will be held at the hospital's Von Gontard Conference Center, 621 South New Ballas Road in Creve Coeur. Doors open at 6 p.m.; the games start at 7.

The cost is \$120 for a table of 8. Soda, water and snacks will be provided, and participants are welcome to bring their own food and beverages (including alcohol). Mulligans can be purchased for \$3 apiece or 4 for \$10, with a maximum 4 per table.

The winning table will be awarded a \$240 cash prize. There will be 50/50 drawings, a silent auction and raffle.

The event was started last year by the nurses on the Women's Health Unit at Mercy Hospital. Kristina Palliser and Jen Keown are co-chairwomen.

Reservations may be made at www.sloca.org/trivia or by e-mailing Kristina at kristina5181@yahoo.com. The deadline for reservations is Sept. 12.

Oct. 9: Wine Tasting

The second annual wine tasting to benefit SLOCA will be held Tuesday, Oct. 9, at 3500 Winehaus, at 3500 Watson Road at Potomac Avenue in south St. Louis.

SLOCA volunteer Pamela Koenig Eusterbrock organized the first event last year. 3500 Winehaus, which is a wine bar and restaurant, and the Golden Barrel Wine Company provided the wine and hors d'oeuvres. The event raised \$1,400.

Tickets will cost \$20. Go to www.sloca.org/wine in September to purchase tickets.