

## 2013 Board Members

Beth Hudson - President  
 Charlie Hapke - Vice President, Attorney  
 Bruce Hudson - Treasurer  
 Dede Dierkes - Recording Secretary  
 Pat Hazlip - Corresponding Secretary  
 Barb Platzer - Membership  
 Joanne Henderson - Historian  
 Jan Paul - Publications  
 Merle Miller  
 Ina Sachar  
 Karen Higano - Past President  
 Grace Katzenberger - Emeritus  
 JoAnn Carter - Emeritus  
 Diane Harrison - Emeritus  
 Nancy Larson-Vomund - Emeritus  
 Judy Parham - Emeritus  
 Dr. David Mutch - Medical Advisor

## Painting with a Twist



Kristy Blank Makansi (left) and her sister, Kathy Smith, paint canvases at a fund-raising event that raised \$805 for SLOCA on Feb. 27. Fifty people attended Painting with a Twist in Creve Coeur.

[www.SLOCA.org](http://www.SLOCA.org)

St. Louis Ovarian Cancer Awareness  
 12015 Manchester Road, Suite 43  
 Des Peres, MO 63131  
[www.sloca.org](http://www.sloca.org)  
 314.966.7562

## Letter from our President



Beth Hudson

Dear Friends of SLOCA:

St. Louis Ovarian Cancer Awareness marked its 10th birthday in 2012. Now, as it moves into its teen years, SLOCA is experiencing a growth spurt in funding and volunteers. As always, with growth comes change.

Since 2002, SLOCA has done an amazing job of fulfilling its three-part mission of raising awareness of the signs and symptoms of ovarian cancer, funding ovarian cancer research and supporting survivors. Our seven founders set a firm foundation and started us on a fantastic journey. This all-volunteer organization has accomplished much and has garnered attention even at the national level.

Last fall, the board of directors decided to put down roots. In October we moved from a storage locker in Fenton into a small office that is centrally located at 12015 Manchester Road, Suite 43, in Des Peres.

Mercy provided us with office furniture, and Heartland Bank donated a copier and printer. Thanks to their generosity we were able to get up and running with less than \$100 of SLOCA money. Give us a call (314-966-7562) if you are in the neighborhood and would like to stop by to see our new home.

As successful as SLOCA has been, the board also decided that it was time to plan for our future. For three months, seven volunteers (see photo) have gathered to write a strategic plan to give direction to our growth. It is our hope to restructure and diversify our board of directors and set goals that will utilize our many wonderful volunteers to spread awareness of ovarian cancer in the most effective ways possible.

Technology has become a necessary and important part of all of our lives. We are evaluating our technology needs and finding ways to streamline our operations.

*Continued on Page 7*



Committee members, from left: Lisa Sienkiewicz, Jan Paul, Alene Becker, Nancy Larson Vomund, Beth Hudson, Lisa Price, Karen Scheible.

## Join Us at the Gala & Auction



You could throw out the first pitch at SLOCA night at Busch Stadium, as Rob Barale did last year, if you place the winning bid at this year's auction.

SLOCA's Living Out Loud Gala & Auction moves this year to the Edward Jones Corporate Headquarters, with the date set for Saturday, April 27.

The theme is Life Is Your Garden, LIVE IT OUT LOUD! The event is SLOCA's signature fundraiser, and this year's goal is \$125,000. The theme this year reflects the indomitable spirit with which ovarian cancer survivors live each day.



Cary Renz jumps into SLOCA volunteering with both feet. Page 7

Chairwoman Cary Renz says a super silent auction will be an exciting new element this year. That segment will feature about 15 high-end items on which auction-goers can bid silently before dinner. When that section closes, Auctioneer Rob Weiman will swing into action with fast-paced oral bidding.

Among the items already pledged are a golf experience with tickets to the Senior PGA at Bellerive Country Club, a Cardinals suite for 20 people and another Cardinals experience that includes throwing out the first pitch at the Ovarian

Cancer Awareness Night at the Ballpark on Aug. 9 when the Cards face the Cubs.

The gala starts at 6 p.m. and will feature a gourmet sit-down dinner and the ever-popular silent auction. The emcee will be Judi Diamond, hostess of the Cornbread Morning Show on WIL radio, 92.3.

Walter Beckman of McCarthy Building Inc. will be honored with the Teal Spirit Award.

Beth Hudson, SLOCA's president, says the Teal Spirit Award is presented to an individual or organization who exemplifies the mission of St. Louis Ovarian Cancer Awareness by helping to promote awareness of the symptoms of ovarian cancer, fund research, and support survivors.

*Continued on Page 3*

## Two Foundations Donate \$30,000 to SLOCA

In the last six months, SLOCA has received grants totaling \$30,000 from two foundations.

In September, SLOCA received its biggest cash grant ever –\$20,000 from a sister organization formed by the family of a woman and her daughter who died of ovarian cancer.

The gift comes from the Salsich-Hoehn Foundation, a non-profit corporation formed in 2004 to honor the legacies of Denise Salsich and her daughter, Heidi Salsich Hoehn.

Separately, the Clifford Willard Gaylord Foundation announced in December that it was awarding SLOCA \$10,000 for its awareness efforts.

Heather Lawyer, daughter of Mrs. Salsich and sister of Mrs. Hoehn, announced the gift from the Salsich-Hoehn Foundation at the September meeting of SLOCA's board of directors.

"We are humbled by the generosity of the Salsich-Hoehn Foundation," says Beth Hudson, president of SLOCA. "We will take great care to use this gift to further our mission of spreading awareness and funding research."

Heidi Salsich Hoehn was diagnosed with Stage III ovarian cancer in 1997 at age 33. She had complained of bloating, gas, constipation and back pain. Shortly after Heidi's diagnosis, her mother was diagnosed with lung cancer and, a year later, with Stage III ovarian cancer. She died in October 2003 at age 62. Heidi died six months later at age 39.

Heidi's cousins, Stephanie Stewart and Emily Henley, made a special bracelet for her. Later, teal-colored bracelets led to the formation

of the Salsich-Hoehn Foundation. Over several years, the family raised more than \$50,000, much of it from the sale of these bracelets.

"Today we are here to make our final donation – our most significant donation – and to pass this torch in the fight against ovarian cancer," Heather Lawyer said.

The Clifford Willard Gaylord Foundation's grant of \$10,000 was announced in late December and earmarked for awareness materials this year. Beth Hudson says she expects the funds will enable SLOCA to broaden its work to spread awareness of ovarian cancer.

The late Clifford Willard Gaylord, an industrialist and civic leader in St. Louis, established the Foundation in 1948. It supports non-profit organizations in Missouri in the fields of education, health, social services, scientific research, performing arts, museums, scholarly publications and historic preservation.



Family members presenting the check are, from left: Stephanie Stewart, Emily Henley, Maria Nash, Heather Lawyer, Beth Hudson, Bridget Andrews, Gretchen Salsich. Absent was Peter Salsich

## Speakers Program Expanding in Region



Lisa Sienkiewicz

For about five years, Lisa Sienkiewicz, a retired teacher, has described her experience with ovarian cancer to medical students as part of SLOCA's Survivors Teaching Students program. Now, she has accepted the position of Midwest Regional Coordinator for the program's parent organization, the Ovarian Cancer National Alliance.

STS brings ovarian cancer survivors into medical and nursing schools to share their ovarian cancer experiences with prospective doctors, physician assistants, nurses and nurse practitioners. The students hear

the statistics and risks of ovarian cancer, and they learn about its symptoms. These symptoms are:

- abdominal or pelvic pain
- bloating
- difficulty eating or feeling full quickly
- urinary symptoms (an increase in the urgency or frequency)

Other symptoms may be present as well. They include fatigue, indigestion, back pain, pain with intercourse, constipation, menstrual irregularities and unexplained weight gain or loss.

In her new role, Lisa will help to start new groups and to support existing Survivors Teaching Students programs in Iowa, Indiana, Illinois, Nebraska, Kansas, South Dakota and North Dakota, and other parts of Missouri.

"I am the fourth woman in my family to be diagnosed with ovarian cancer and the only one to survive," says Lisa. "My aunt was the first member of the family to be treated by a gynecologic oncologist, and he impressed upon her the importance of the symptoms and encouraged her to discuss this with all the women in our family. I credit her and her doctor's expertise in helping save my life. The Survivors Teaching Students program allows me to continue her legacy of saving lives and her doctor's desire to spread the word among all women."

The STS program teaches medical students the importance of listening to patients who present with the symptoms of ovarian cancer, and it encourages them to delve into the patient's family history and to investigate the cause of these symptoms.

One in 79 women can be affected by the disease. More than 22,000 women are newly-diagnosed each year with ovarian cancer. It is the deadliest of gynecologic cancers, and each year 15,000 women will die of the disease.

To participate in STS, contact Lisa Sienkiewicz at lasienk@gmail.com or call 636-343-7404.

## Beverly Kinkade CD Raises \$6,642

A CD recorded by vocalist Beverly Winner Kinkade of her favorite songs has raised \$6,642 to benefit St. Louis Ovarian Cancer Awareness (SLOCA).

Beverly is a nine-year survivor of ovarian cancer and a past president of SLOCA. She cut the CD, underwriting its cost as a personal expression of support for SLOCA's threefold mission of raising awareness, funding research grants and supporting women with a diagnosis of ovarian cancer.

The CD, Beverly Sings Songs We Love, is being distributed free of charge to those who make a donation to SLOCA. The suggested minimum donation is \$15.

"I wanted to do something more, something personal, to show my gratitude to this wonderful organization and those who have dedicated so much to its success," she says. "This has been my inspiration and salvation as I struggled through treatment, and now survivorship."



The CD includes these songs: "O Mio Babbino Caro," "If I Loved You," "Danny Boy," "The Prayer," "I Have Dreamed," "On Eagles Wings," "Somewhere," "Pie Jesu," "You'll Never Walk Alone," "If," "Ave Maria," "That's All I Ask of You," "Out of My Dreams," "Climb Every Mountain" and "The Lord's Prayer."

It may be ordered online at [www.sloca.org/donate](http://www.sloca.org/donate).

These people have donated to SLOCA and received a Beverly Sings CD:

Cheryl & John Alden Jr., Bruce Bacon, Marietta Baldwin, William Banmiller, Sandy Baranowski, Ann Bardgett, Cindy Bates, Judith Batch, Alison Bauer, Michael Behan, Leslie Blair, Elaine Bonzon, Bill Boyd, Anna Branson, Kate Bumgardner, Jennifer Butler, Jackie Cheatham, Mary Chittooran, Carole Clary, Paul & Peggy Cochran, Helen Comer, Joe Cortina, John Ditch, Margaret Doherty, Phyllis Duff, Jane Eckert, Doug & Mary Edmonson, Joan Eisenstodt, Mr. & Mrs. Elsperman;

Louis Fenech, Laurie Fletcher, Fran Fitzgerald, Chris Galvin, Susan Gillies, Cynthia & Ronald Giordano, Dr. Paul Goodfellow, Anne Gravatte, Bob & Georgia Green, Peggy Haeger, Jon Hall, John & Martha Hanley, Judith Harbaugh, Diana Hauser, Marta Hayden, Anne Heller, Margaret Hill, Cecily Hoffius, Linda Huheey, Larry Johnson, Doris A. Joyce, Susan Kendig, Linda Kessler, Peggy King, Dan Kinkade, Daniel Kinkade Jr., Marie Kinkade, Jeff & Jane Klieve;

Gary & Karen La Branche, Chuck Laney, John & Lynn Lange, Mary Lou LaPlaut, Marney & Allen Levy, Nell Lockhart, Rev. Helen Ludbrook, Leanne Lyle, Elaine Margo, Deborah Martin, Timothy Martin, Carol Mason, Neal & Mary Kay Matlock, Mary Jane McElroy, Beverly McInnis, Helen Moskovitz, Stephanie Murphy, Rev. Virginia Noel, Ann O'Connell, Jane Oliver, Judy Ollis, Margaret Paget, Cricket Park, Leslie Pattengill, Jackie Patterson, David Peckinpaugh, Carol Pernsteiner, Bob & Mary Pomeroy, Dr. Jill Powell;

Bettye Raglin, Robin Ragsdale, Kathleen Ratcliffe, Mr. & Mrs. George Ray III, Mike & Teresa Reeves, Pamela Robbins, Daniel Rosen, Cynthia Secker, Deborah Sexton, Susan Shepperd, Peggy Sheren, Donna Simmons, Susan Smith, Katherine Sonn, Carolyn Stern, Carol Stewart, Nancy Swanson, Leila Thomas, Jim Trombino, Peter Turner, Belinda Waldo, Filomena Walker, Linda Walter, Beverly Weaver, Weldon Webb, Claudia Wehrman, George Winner, Cecile Yeager, Sheldon Zachritz.

## Volunteer Spotlight: Cary Renz

Cary Renz was a three-year survivor of Stage III-C ovarian cancer when she picked up SLOCA's Teal Talks newsletter and decided she wanted to help.



Cary Renz

President Beth Hudson recalls meeting with Cary last summer and outlining the many jobs in SLOCA, small and large, that are available for volunteers. Cary bypassed the small ones and asked if she could chair the Living Out Loud auction – SLOCA's signature gala and fundraiser.

It was a happy day for SLOCA.

Cary, 55, a former tax consultant with Price Waterhouse, lives in Creve Coeur with her husband, Dan Renz. They have three grown children.

She's been deeply involved in charitable work for many years, beginning with her children's school events and later with Birthright, St. Louis Children's Hospital and the Fleur de Lis Ball, which benefits Cardinal Glennon Children's Hospital.

After her cancer diagnosis and treatment in 2009, Cary says, "I realized how blessed I was to be one of the less than 30 percent who survive and I decided I needed to do whatever I could to help spread awareness and find a diagnostic screening test."

She says she hopes that by helping with the auction she is able to bring our message to many new supporters.

"I tell newly diagnosed women that cancer is only a part of the journey," Cary says. "The rest is about the outpouring of prayers, love and support of church, family, friends and even those with whom you have lost contact. They, God and Dr. (Kevin) Easley are the reason I am here today to help spread the hope of increasing the survival rate for those diagnosed with ovarian cancer."

Not only did Cary sign on as chairwoman of the SLOCA auction, but her family and friends have joined the effort as well. Cary's sister, Katie Sullivan, is the Sponsorship Chair, and several friends are working to help secure sponsorships and donations of items for the auction.

If you want to volunteer with SLOCA, whether it's to chair an event or help at a health fair, contact Volunteer Coordinator Lisa Price at [rlprice2@hotmail.com](mailto:rlprice2@hotmail.com).

Letter continued from Page 1

Many new volunteers have joined us in the past few months. Lisa Price has taken on the role of volunteer coordinator, Cary Renz is our new auction chairwoman, Michele Pechauer is helping with our marketing and public relations, and Becky Coats has helped with everything from working the SLOCA booth at events to co-chairing the silent auction, just to name a few. We are very excited to have these new faces along with their enthusiasm and expertise.

SLOCA has had many successes in raising awareness of ovarian cancer in the St. Louis area but, as always, we want to do more. We have a lot of ideas and work ahead of us. It is exciting and rewarding to be a part of such a passionate group of women and men. I invite you all -- survivors, family members, friends, care givers, and medical professionals -- to join in this work.

Stay healthy,  
Beth

# Donations

*The following donations were made to SLOCA from July 1, 2012, through January 31, 2013, in memory of:*

**Mary Margaret Alexander**  
Wayne Alexander  
Charles & Catherine Lammert

**Peggy Althoff**  
Kenneth & Carolyn Althoff

**Glenda Bentz**  
Leslie S. Clark

**Joan Boyd**  
Carol Nachtwiehl

**Susan Bober**  
Karen Stacey

**Deborah Ann “Debbie” Bozsa**  
Jim Bozsa  
Jay Kerness  
Chuck Mecum  
J L Media Midwest  
Joanne Nathan  
Allen & Carol Rickert  
Greg & Mary Sullentrup  
Margarita Welch

**Glenda Sue Bradbury**  
Jim & Paula Badger  
Donald & Mary Baker  
Ronnie & Becky Baker  
Kathleen Bell  
Kent & Linda Blades  
Charles & Donna Broughton  
Adam Carter  
The Class of 1963  
Eddie & Linda Coe  
Linda Compton  
Charles Cowherd  
Merl Daniel  
George & Emma Lu Dimmitt  
Linda Dobyns  
Bonnie Fischer  
Phyllis Flemming  
Curtis & Charlotte Foster  
Pamela Golden  
Paula & Scott Gouch  
Joe & Doris Hickman  
John & Joan Hickman  
Marilyn Hill  
Ellery & Sue Johnson  
Wilma Keller  
Charles & Lura Kirby  
Arla & Charles Landrum & Family  
George Landrum & Family  
Judy & Dean Linneman  
Janell Manley  
Vivian & Clarence Meyer  
Barb & Gene Mudd & Family  
Thomas O’Neal  
Kathleen Pearson  
Mary Reed  
Joyce Robey  
Verina Ruiz  
Brenda Scarpace  
Carole Schwab  
William & Judy Shelton  
Joseph & Silvia Sheppard  
Barry Short  
Velma Thale  
Chris Thompson  
Susan & Frank Tusinski  
James Vasek  
Mary Vasek  
Robert & Barbara Walker

Jo Williams  
John & Nanette Williams  
Mary Winkler

**Aleta Coxen**  
Amer Society for Indust or Security Stl Cha  
John Bozarth  
Linda Parent  
Susan Vitale

**Delores Cutrell**  
Christy Barnard  
Leo & Debra Bauer  
Ed & Martha Mark  
Allen Michalik  
Sharla Michalik  
Zeke Michalik  
Nancy Suvansri  
Jennifer Yackley

**Emily’s Mom**  
Laurie Leleu

**Mary Ann Fernandez**  
Sheri Petruso

**Malinda “Nina” Fisher**  
ACI Distributors  
Shannon Albright  
Brittney & Steve Aldridge  
Timmy Bommarito  
Sara Copp  
Mark Fisher  
Katie Jacobi  
Ellen Kauffman  
Erin Kelly  
Abbi & Ryan Kirchner  
Eric & Patricia Laboube  
Andrew Linhares  
Jane Lohman  
Anna Lum  
Steve & Marsha Morgner  
Ronda Ockleston  
Meghan Reid  
Linda & Niles Sharp  
Tina Shekell  
SLU Inline Hockey Family  
Jan Steiger  
Scott Stonum

**Betty Freeman**  
Patricia Barnes  
Craig Barton  
Mary Ann & Jim Behm  
Mr. & Mrs. Blackshaw  
Carl & Jean Campbell  
Tim & Judy Corcoran  
Susan Duenow  
Federal Public Defender’s Office  
James Freeman  
John & Marry Freeman  
Katherine Meiners  
Debbie & Rich Schuerman  
Jeff & Jeanne Snyder  
Tina Taucher  
Holly Taylor  
Fran & Terry Weber  
Donna Wilkerson

**Don Friedman**  
Bill & Sandra Peck

**Nell Ganter**  
David & Pamela Eusterbrock

**Mother of Dawn Garner**  
Dawn Garner

**Michelle Lewis Garvin**  
Anesthesia Associates of Belleville  
Jason Berner  
Jerry & Suzanne Broderick  
Retta Dent  
Johnny & Karen Edwards  
Bruce Stoddard Farms  
Barbara Gass  
Jack & Roberta Meehan  
Barbara Moseley  
Gary & Phyllis Muse  
Gary & Mary Ann Portwood

**Ruth Ann Glisson**  
Department of Public Works  
Code Enforcement

**Phyllis Goldstein**  
Bob Stone

**Myra Grossman**  
Mr. & Mrs. Blair G. Balk  
Cheryl & Michael Banashek  
Elaine & Ed Banashek  
Debbie Banashek-Twist  
Diana Barnholtz  
Sharon Barnholtz  
Bear-Glasgow Dental  
Gillian Bentley  
Suzanne & Bill Bierman  
Elaine & Ronald Brimer  
Bumper & Company  
Leslie Carbo  
Lorraine Cherrick  
Jordan Cherrick  
Rachel Cherrick  
Sheryl & Richard Cole  
Marcy & Rich Cornfeld  
Marilyn & Michael Del Casale  
Eugene & Marie DiPrinzio  
Lana K. Edmondson  
Alan Einhorn  
Phillip Epstein  
Stephanie H. Fierstein  
Andrea & Scott Feinman  
Louis Fenech  
Jessica Friedlander  
Cynthia E. & Ronald Giordano  
Lolly & Kevin Gross  
Brenda & Jerry Hirsch  
Debbie & Ed Horowitz  
Cindy & Paul Imber  
Kathleen M. Irwin  
Bridget K. Johnson  
Lilli & John Kautsky  
Cheri & Robert Keller  
Linda Kessler  
Karen J. Kreyling  
Evangelos Kostoulas  
Dass & Buddy Lebman  
Ellen K. Levin  
Richard Levine  
Elaine Levinsohn  
Judy & Dr. Allan Levy  
Bob & Marjie Levy  
Lynn & Bill Liccione  
Janet Loiterstein  
Margaret W. Mahood  
Wally Mayer  
C. Mendoza  
Robert M. Merenda  
Barbara H. Michels  
Mr. & Mrs. Donald Miller  
The Mlynarczyk Family  
Joseph M. Nicholson  
Margaret Nussbaum  
Peninsula Dental, LLC  
Mr. & Mrs. Joseph J. Picciotti, Jr.  
James E. Pizzuto  
Irene & Richard Plotzker

Richard J. A. Popper  
Delo C. Poore  
Beverly Rose  
Rosalie Rotenberg  
David & Rachel Rubin  
Nancy J. Ruesy  
Marby Schaeffer  
Miriam E. Schainker  
Jim & Joan Schiele  
Linda Seigel  
Barry Short  
Anita Sobel  
Carole Sobel  
Mr. & Mrs. Barry Tilson  
Dolores Toder  
Gail & Gene Tolpin  
Mrs. Jerry Ude  
Marilyn Weinberg  
Dr. & Mrs. Leonard Weinstock  
Ruth Wiseman  
Young Conaway Stargatt & Taylor, LLP  
Chaim & Marilyn Zimbalist  
Sharon Zucker  
Theodore Zutz

**Walter Halfery**  
Helen Kremer

**Linda Herfel**  
Beverly Kinkade

**Chris Jenkins**  
Jake Becker  
Bob & Barb Platzer

**Solomon & Lillian Klarfeld**  
Kerry Klarfeld

**Jane Lottes**  
Lakenan Insurance

**Marlene Ludwig**  
Mary Ludwig

**Claire Murphy**  
Jeff & Sheri Petruso

**Herb Murphy**  
Bob & Barb Platzer

**Thomas J. Nappier**  
Paul & Mary Berra Jr.  
S. & L. Favazza  
Pat & Ken Jakubs  
The Kaiser Family  
William & Diane Laventure  
Patricia Nieters  
Ina Landsbaum  
Sherman & Joan Lasser  
Nancy Linn  
Maurice & Nesta Lonsway  
Meadowbrook Country Club  
Zina & Anatoly Olevsky  
Marilyn Orf  
Reinhart Partners, Inc.  
Bill & Sandra Peck  
Marina & John Rosenberg  
Bob & Joan Ruethain  
Saks Fifth Avenue  
Virginia Schenk  
Ellen & Farah Schulte  
Harriet & Tim Shapiro  
Cobby Shereff  
Barb Siebenmorgen  
Donna Siebenmorgen  
Patricia Slattery  
Aimee Snyder  
John & Mary Lee Sonderman  
Gene & Harriet Spilker  
Jacob & Linda Stone  
Jill Stone

**Tina Nix**  
William May

**Joyce Pallardy**  
Mike Mahn  
Sue Plattner  
Josh Thomas

**Barbara Piere**  
Vacation Bible School Children

**Janice Orr Prince**  
Steve & Cindy Bochantin  
Colleagues at Pre Trial Services  
James Freeman  
Jeanette McMillian

# Donations

Rosalind & Myron Stone  
Mark & Leslie Temkin  
Herbert & Marilyn Trask  
Ellen & Barry Turkanis & Family  
Kay Ullman  
Caren Vredenburgh  
Anne & Mark Walsh  
Michael & Mary Jo Winfrey

**Theresa Synos**  
Helen Kremer

**Dorothy Triplett**  
Kellian Hanks

**Cathy Wice**  
Joni Barry  
The Bennett Family  
Maris Berg  
Lanny & Eve Bergner  
Suzanne & Bill Bierman  
Mr. & Mrs. Terry Box  
Stan & Cliff - Claris Advisors  
Rosemary Cooper  
Donald Freeman  
Joan Headley  
Dr. David Holtzman & Washington University Dept. of Neurology  
Tim & Thy Huskey  
Lisa & Richard Kraner  
Qin Li  
Eleanor Mandel  
Hiram & Cheryl Martin  
Fred Miller  
Danielle Patelis  
Zoe Perkins  
Barb Platzer  
Dr. & Mrs. Richard Rome  
Sam’s Friends at Duke Law  
Katherine Skosnik  
Harriet Spilker  
Spoede Elementary School  
Mary Forsythe  
TRISL Therapy Staff  
Mr. & Mrs. William Thompson  
Rodney & Janalee Thorley  
Lisa & Jerry Wallis  
Richard & Ann Watterson  
Ogden & Maryann Webster  
Zhen Wu  
Qingyun Yan  
Yimin Zhu

**Patricia Wochner**  
Susy & Orville Althoff  
Blair & Selma Balk  
Mr. & Mrs. Mitch Baris & Family  
Robert & Mary Bax  
Christine Berry  
Mary Breidenbach  
Don & Diane Buck  
Kathleen Butler  
Cason & Sybil Capps  
Sharron Catalutch  
Randall Combs  
Jean Dugan  
England & Co. Case Management  
Joe & Lynne Fink  
Dr. & Mrs. Doug Fishman  
Mr. & Mrs. Myron Fishman  
Cathy & Daniel Flynn  
Fred & Julie Ford  
Bob Fox  
Jim & Kathy Hall  
Kathleen Happe  
Mr. & Mrs. Heet  
Joanne Henderson  
Kathleen Hensler  
John & Kate Howe  
Pat Hudson

Jim Jaacks  
Grace Katzenberger  
Margaret Klump  
Elaine Koplar  
Linda & Bill Kortas  
Jess & Debbie Kramper  
Helen Kremer  
Marilyn & Gary Lange  
Loraine Guinther-Lewis  
Karen & Paul Litzsinger  
Cynthia Mercer  
MERCY  
Merle & Donald Miller  
Linda Muller  
Edward Nachtwiehl  
Joe & Mary Parisi  
Jan & Jerry Paul  
Barb & Bob Platzer  
Robert & Lisa Price  
Carole Barrale-Roettger  
Friends of St. Louis Bread Co.  
David & Tami Schenberg  
Michael & Karen Schwoebel  
Alice Senturia  
Marti Stricker  
Mary & Greg Sullentrup  
William Sullivan  
Mr. & Mrs. Mikael Unger & Family  
Mr. & Mrs. Rob Villareal & Family  
Jim & Barb Walker  
Larry & Debbie Weiss

**Beatrice Young**  
Bob Stone

**Regina “Sandy” Zahner**  
Joann Aldridge  
Mr. & Mrs. Kenneth Althoff  
Carol Ann & James Amling  
Shane Brendle  
Ann Dollarhide  
Beverly Stuhlman  
Andrew Friel  
Paula Gianella  
Ken & Joyce Gibbar  
Bob & Betty Hartman  
Joanne Henderson  
Mr. & Mrs. Thomas Higgins  
Gordon & Nancy House  
Bruce & Beth Hudson  
Eric King  
Marvin & Mimi Klamen  
Paul & Shirley Maloney  
Charles Michaud  
Midvale Industries  
Merle Miller  
Spencer Mohler  
Gary & Christine Nickelson  
Richard & Evelyn Otte  
Jan & Jerry Paul  
Pat Reinbold  
Patty Reynolds  
Mr. & Mrs. Jeffrey Richardson  
Denise Riehn  
Blair Rodman.  
Steve & Joyce Rustman  
Barry Short  
Judy & Bob Sieckhaus  
Lisa Sienkiewicz  
James Wibbenmeyer  
Wayne & Judy Zoellner

*The following donations were made to SLOCA from July 1, 2012, through January 31, 2013, in honor of:*

**Rob Barrale**  
Phillip Daniel

**Ron Gingeric**  
Bill & Sandra Peck

**Bruce Hudson**  
Jane & Stan Marschner  
Beverly Rombach

**Julie Hunter**  
Theresa Carter

**Beverly Winner Kinkade**  
Cecily Hoffius

**Debra Klevens**  
Sharon Siegel

**Elaine Koplar**  
Marilyn & Gary Ratkin

**Mrs. Susan Merrick**  
Ina Landsbaum

**Merle Miller**  
Suzanne Bierman  
Gwen Liebman

**Dr. David Parks**  
Mrs. Elaine Koplar

**Jan Paul**  
Alison Bauer  
Ellen Denker  
Margaret Gillerman  
Susan Kendig

**Barbara Platzer**  
Sharon Barnholtz  
Cindy & Ed Becker  
Jake Becker  
Jacquelyn & Marty Lipsitz  
Rochelle Popkin  
JoAnn Raskas  
Marilyn Reznik  
Linda Yatkeman

**Elizabeth Rinehart**  
Bill & Sandra Peck

**Ina Sachar**  
Rosa & Bart Newton  
Angela Teters

**Jack & Julie Stein**  
Steven Hellem

**Julianne Stein**  
Carolyn Johnson

**Julie Stein/Families ROC**  
Linda & Paul Kraus

*Donations in memory or in honor of someone may be made to SLOCA on-line at [www.sloca.org](http://www.sloca.org) or by mailing a check to 12015 Manchester Road, Suite 43, Des Peres, MO 63131. SLOCA is a 501(c)3 tax-exempt organization.*

# SLOCA Chatter

## Ballgame Tickets Go on Sale

Tickets will go on sale in April for SLOCA's Ovarian Cancer Awareness Night at the Ballpark. The date is Friday evening, August 9, when the Cards face off against the Cubs in a three-day home stand at Busch Stadium.

The \$30 ticket price will include a hot dog and soda; of that, \$5 will be tax-deductible. SLOCA will offer a complimentary ticket to ovarian cancer survivors, up to a total of 50. Game time is 7:15 p.m.

SLOCA has purchased 500 tickets in Sections 329, 330, 331 and 332. SLOCA will be featured in a pre-game ceremony on the field. The winning bidder at SLOCA's annual auction will throw an honorary first pitch.

You can buy tickets by contacting Grace Katzenberger at 314-892-8345 or by leaving a message at SLOCA's office, 314-966-7562.

## Lighthouse Model Goes on Display

A model of the Hope Light lighthouse planned for construction in Metropolis, Ill., to raise awareness of ovarian cancer is on display there.

The 6-foot aluminum model is a miniature of the 30-foot-tall lighthouse that will feature a teal-colored daymark band.

The model will be displayed in and around Metropolis as a means of raising \$2,500 more to construct the full-sized lighthouse this summer in Dorothy Miller Park on the banks of the Ohio River. Rudy Bess, founding director of The Hope Light Foundation, conceived of the project several years ago as a way to raise awareness of ovarian cancer.

To donate, go to [www.hopelightproject.com](http://www.hopelightproject.com) or write to Metropolis Hope Light Project, c/o City National Bank, P.O. Box 380, Metropolis, IL 62960.

## Walter Knoll Lends A Hand

Did you know that you can designate SLOCA to receive \$2.00 of any order of flowers placed with Walter Knoll Florists? The program encourages customer loyalty to Walter Knoll and, at the same time, gives back to non-profit organizations in the community.

You can participate if you place an order by phone or online. To participate online, go to [www.walterknollflowers.com](http://www.walterknollflowers.com) and, on the order form, select the "Lend A Hand" pull-down menu to choose St. Louis Ovarian Cancer Awareness. The company will send a \$2 donation to SLOCA.

## WWSS

*Bobbie Freyholtz explains the signs and symptoms of ovarian cancer to an interested passerby at the SLOCA booth on Feb. 22, the opening day of Working Women's Survival Show.*



## Team SLOCA Supports CSC Walk



Nancy Larson

SLOCA invites you to join Team SLOCA for the May 18th Steps For Hope walk to benefit the Cancer Support Community of St. Louis. The organization's fund-raising goal is \$150,000.

The walk/run, planned for May 18 at Creve Coeur Park, will celebrate cancer survivorship and raise funds for the Cancer Support Community.

You can register for the event at [www.cancersupportstl.org](http://www.cancersupportstl.org) and sign up for Team SLOCA, which is chaired by Nancy Vornund Larson, a SLOCA volunteer.

The fun run will begin at 10 a.m. and the walk begins 10 minutes later. Walkers may choose a 1-mile or a 3.7-mile route.

## Diana Katzman Designs Teal Bracelet



Friends of the late Kathryn Anne Selmer Sheeler are selling beaded bracelets in her memory to raise money for ovarian cancer research.

The bracelets were designed and made by Diane Katzman Design of Ladue. They feature glass and silver beads and charms with a teal ribbon charm at the clasp. A bracelet sells for \$40, plus \$4 for shipping.

The fundraiser was conceived by Virginia Przechacki Soltis and Karen L. Scheible, who were classmates of Kris Sheeler's at Muhlenberg College in Allentown, Penn. Kris passed away last year from ovarian cancer.

Half of each \$40 bracelet will be donated to the Foundation for Women's Cancer and earmarked for an ovarian cancer research grant. The bracelets can be purchased online with a credit card at [www.sloca.org/index.php/support-us/charm-bracelet/](http://www.sloca.org/index.php/support-us/charm-bracelet/) or by leaving a phone message at the SLOCA office at 314-966-7562.

## Save the Dates

**April 27.** Living Out Loud Gala & Auction. 6-10 p.m. \$125. For tickets, go to [www.sloca.org/auction](http://www.sloca.org/auction). Location: Edward Jones Corporate Headquarters, Des Peres.

**May 18.** Steps For Hope walk to benefit Cancer Support Community of St. Louis. 9 a.m. [www.wellnesscommunitystl.org/](http://www.wellnesscommunitystl.org/). Location: Creve Coeur Park.

**Aug. 9.** Ovarian Cancer Night at the Ballpark. Cards vs. Cubs, 7:15 p.m.

\$30, free for survivors. [www.sloca.org/baseball](http://www.sloca.org/baseball). Location: Busch Stadium.

**Aug. 25.** Rise & Shine for a Cure: 108 Sun Salutations. Location: World's Fair Pavilion.

**Sept. 22.** FamiliesROC run/walk. Location: Downtown St. Louis.

## Ask the Doctor

### Paying the Price of Success



Dr. David Mutch

As we go through implementation of health care reform, the economic realities of our healthcare system hit us in full force. As advocates for women with ovarian cancer, we need to be aware of some threats that are looming as the result of our success in the treatment of this disease.

In the 1980s the median survival for an advanced stage ovarian cancer patient was around 24-36 months. Recently published data with regard to some subsets of ovarian cancer demonstrate a median survival of more than 127 months -- almost 11 years. This increase in survival has not been free.

More than 20 new chemotherapeutic agents have emerged, along with better surgery, repeat surgery, radiation, nutritional support and many other uses of modern technology. The cost of this success has paralleled that of other diseases.

We all know that we cannot continue to pay for rising health care costs and that we need to be mindful of the money we spend while caring for sick individuals.

Recently, some disturbing events have put some limitations on our ability to deliver care to women with ovarian cancer. These are outlined below:

1) Many insurance companies are severely limiting access to clinical trials for women with ovarian cancer and frequently denying any study participation. The National Comprehensive Cancer Network (NCCN) guidelines clearly state that when a trial is available that is, in fact, the standard of care.

2) Many relatively standard therapies are being denied because they are implied but not explicitly stated with regard to the use of certain drugs in the NCCN guidelines.

Typical restrictions of the use of drugs would be for patients with allergies to certain drugs. In particular, those allergic to cisplatin are not being allowed to substitute oxaliplatin in its place. Another would be severe limitations on the use of bevacizumab (Avastin) in combination with other drugs despite published data showing benefit.

While these restrictions are not severe at this time, we need to be concerned that the noose will continue to tighten, and we need to advocate against cost cutting that would keep women with ovarian cancer from receiving state-of-the-art care.

*Dr. Mutch is SLOCA's Medical Advisor, and the Division Director of Gynecologic Oncology at Washington University and the Judith and Ira Gall Professor. He writes Ask The Doctor columns for Teal Talks and for [www.sloca.org](http://www.sloca.org). If you have a question you would like Dr. Mutch to address, please send it to [newsletter@sloca.org](mailto:newsletter@sloca.org). Please note that he cannot respond to requests for personal medical advice in this format.*

## In Memoriam



Sandy Zahner

Regina "Sandy" Zahner, an active SLOCA volunteer and speaker, passed away on Jan. 26 at her home in Eureka after a long battle with ovarian cancer. She was 68.

Sandy was a frequent and effective speaker with Survivors Teaching Students: Saving Women's Lives, SLOCA's awareness program for medical and nursing students. She told her story of being diagnosed with Stage III-C ovarian cancer in 2006 and learning through genetic testing that she had inherited the disease through a BRCA gene mutation. She was cancer-free for almost five years, recurring in late 2010 and in 2012.

Sandy also was a beloved member of the Gynecological Networking Group at the Cancer Support Community of St. Louis. She was an avid golfer with the St. Louis Women's and Aberdeen Golf Clubs.

She is survived by her husband, Rodney Zahner; two sons, Todd and Guy; and her grandsons, Ian and Duncan.

A Mass was celebrated at Most Sacred Heart Catholic Church in Eureka.

*Auction continued from Page 1*



Walter Beckman

Walter Beckman has been a strong supporter of SLOCA's Gala & Auction and the trivia night put on by nurses at Mercy Hospital each fall, says Beth. He lost his wife to ovarian cancer three years ago.

Tickets for the Gala & Auction will be \$125 per person and will go on sale in March. Auction items will be previewed online shortly before the event.

SLOCA is seeking sponsors for the Gala & Auction at several different funding levels and individuals and businesses to donate auction items. Sponsorship levels are Teal, at \$10,000; Gold, at \$5,000; Silver, at \$3,000; and Bronze, at \$1,500.

So far, four companies have generously committed as sponsors. They are: Edward Jones, Gold; World Wide Technology, Gold; McCarthy Building, Silver; and Fletcher-Reinhardt, Bronze.

You may go to [www.sloca.org](http://www.sloca.org) to download a PDF outline of the sponsorship levels, or contact Allison Hershberger at 618-920-8116 or [allison@igniteevents-stl.com](mailto:allison@igniteevents-stl.com) for more information.

The Edward Jones Corporate Headquarters is at 12555 Manchester Road, just east of Interstate 270, in Des Peres.